

# St Mark's School Newsletter

#### Kia ora St Mark's Family,

As we draw to the end of another term, we can look back as a community and as whānau on many opportunities for our ākonga. Seesaw is providing a wonderful running narrative of the story of our school. We thank you all for your engagement in this tool which allows your child to share their learning "in time" with you.

## Canterbury Interschool Years 1-6 Chess Championships

Last week a small contingent - **Ioli K, Thomas F, Daniel S and Toby S** attended the Canterbury Chess Championships. These boys competed against the top chess player in Canterbury and finished third overall in the year 1-6 grade! We are so proud of them and thank **Mr Tom Gordon** for supporting and nurturing their considerable talent.

## Walk With a Purpose

Amazing effort last Friday everyone! A cold frosty morning and some of you started walking at 5.30am! Together we raised a significant amount of money - enough to ensure 52 young Ugandan students will have a porridge meal for 1 year. This is our special character at it's best - a mission for others, a sense of purpose and hope in what we do and a real life experience to embed the idea that together we can achieve change. In the afternoon as a school we heard from Jane Laurie, the CEO of Foundation of Peace and of the work that is happening in Uganda and how our efforts will go directly to the education of young people.

## **AIMS GAMES**

Thank you to those who have supported our fundraising efforts so far. There will be a sausage sizzle every Friday until the end of Term 3 - the profits of these sizzles go directly to air fares for our athletes. It makes a difference!! There will be additional fundraising efforts - they will always be optional.

## A school on the move!!

This week there will be visible signs of our school "on the move"!! We join with the PA in excitement and anticipation of what this development will mean for us all

## 2021

In 2020 there will be limited spaces at St Mark's School. We urgently request that applications for siblings be submitted by the **31st August**.

## Year 0 - 4 Ōpawaho Cross Country

An excited team of athletes joined hundreds of others at Hillview Christian School on Tuesday. We were so proud of all our runners with notable placings going to:

Zaia O - 1st Year 0-1 boys (first race!) Zara P - 1st Year 3 Girls Pippa W - 2nd Year 3 Girls

## Lost Property

Please ensure all property belonging to your family is collected at the end of term on Friday. As usual there is a larger cleaning of the school during the holidays and we expect all extraneous belongings will be gathered up.

#### Orchestra

Last Friday during our church service, we were treated to items from the orchestra. It was a joy to watch **Mrs Wells** playing the violin supporting the students and delighting how far they have come this year as a group.

#### Alumni

In the lead up to the centenary celebrations in 2021, making contact with Alumni is crucial. Next term a facebook page will be set up to connect with our wider community. Last week I met with Raj Bhana - Alumni who attended St Mark's School from 1997-2005. He is a real estate agent with Bayleys Fendalton and there is a flyer on our noticeboard about him.

## **CSO** Ambassador

A new term for many of us but not for **Charlotte P** who is one!!. She is enjoying this role immensely - ask her about it!!

#### **Holidays**

Staff wish you all a wonderful holiday and some time with family. The Five Ways to Wellbeing indicated by the Mental Health Foundation are Give, Take Notice, Be Active, Connect and Keep Learning. May you find time for some of these as you look after one another.

I am on extended leave into Week 1 of Term 3 and all school related matters should be referred to your teacher, team leader and then Mr Adrian Rennie. a.rennie@saintmarks.school.nz.

Blessings everyone Averil

**T**ransforming lives through the St Mark's Story

## **Upcoming Events**

26 Jul	St Anne's Day Eucharist Service 9am
29 Jul	Toetoe Art Gallery trip
13 Aug	Yr 5-6 Ski trip
20 Aug	Yr 7-8 Ski trip
14-16 Aug	Yr 6 Cycle Safety

# 2019 School Term Dates and Holidays

Monday 29 April - Friday 5 July Monday 22 July - Friday 27 September Monday 14 October - Friday 13 December

## 2020 Term Dates

Term 1 - 27 and 28 January Parent/Teacher/Child conferences. Wednesday 29 first full day of term. Term 1 - Monday 27 January - Thursday 9 April Term 2 - Tuesday 28 April - Friday 3rd July. Teacher only day - Tuesday 2 June Term 3 - Monday 20 July - Friday 25 September Term 4 - Monday 12 October - Friday 11 December Teacher only day - Tuesday 27 October

## **Church Certificates**

Inaka Maddox A Kererū Henri H Ti Kouka Seth K Toetoe Gudiva E Kawau lva F Lennix C Kāmana Kūtai Sebastian J Mako loli K Rimurimu Asay U

## Sports Results

<u>Netball</u> St Mark's Leopards 13 v Merrin 9 Player of the Day: James P

## **Head Lice**

We have had a few reports in the office about these little critters. With the school holidays upon us it is a perfect opportunity to check your child's hair. An information sheet is included in this newsletter giving advice on how to treat these.

## **Uniform Shop**

A reminder the uniform shop is not open over the school holidays. From Term 3 the shop hours will be changing to Tuesday 8:30-9:30am and Thursday 2:30-3:30pm. To contact the uniform shop please email uniformshop@saintmarks.school.nz.

## **Dental Care during the School Holidays**



The Community Dental Service will be providing dental care for children enrolled with our service during the upcoming school holidays. The clinics will offer treatment and relief of pain sessions by appointment only. To make an appointment please contact our Call Centre which operates between the hours of 8am and 5pm, Monday to Friday throughout the year.

The following Dental Clinics will be open during these school holidays:

Northcote Clinic, 24 Tuckers Road, Casebrook Hillmorton Clinic, Hillmorton Hospital, Sylvan Street, Ashburton Clinic, 38 Elizabeth Street, Ashburton Timaru Clinic, Level 1, 18 Woollcombe Street, Timaru

The clinics will offer appointments between 8.45am and 3.00pm for school-age and preschool children requiring treatment.

If your child has dental pain as a result of an accident please contact your dentist in the first instance.

To book an appointment at one of our clinics please: call 0800 846 983 Or email commdental@cdhb.health.nz









## YUCK. HOW DID MY CHILD GET LICE/NITS?

 Head lice cannot hop, jump, swim, or fly - they spread strictly through direct contact.

Basically, schoolkids spend a lot of time in close contact with each other, and lice take the opportunity to move from one head to the next. They can also temporarily live on combs, hairbrushes, hats, hair ties,

and even cushions or soft furniture. Getting lice has nothing to do with hygiene - you could be washing your child's hair every night, and they can still get lice.

Head lice are happy on any head, whether the hair is long, short, young, old, clean, or dirty.

## PREVENTION



Don't share hats, brushes/combs, or other personal items.

Brush hair regularly. Brushing or combing can remove head lice before they have a chance to lay eggs and settle in.

Tie up long hair to help prevent lice from spreading.



Don't hang hats, coats, and scarves too close together at school.



Check your child's hair at least once a week, especially if you know lice have been detected on others in the classroom.



Put pillows, bed linens, and stuffed animals in the dryer on high heat for 30 minutes to kill lice and eggs.



5 mm of the scalp.

## WHAT ARE LICE?

Head lice are small insects that live on humans' heads and feed on small amounts of blood. Adult head lice lay eggs loften called nits) on the hair, usually within



Lice are specialised to live on human heads and can only live for a short time away from one. They don't live anywhere else on the body, or on any other animals.

Head lice are hard to see because they are small, can hide in the hair, and come in various shades of brown and grey. Adult head lice are 1-3 mm long, and the eggs/nits are usually pale in colour and about a millimetre in size.

## TREATMENT



Does your child or someone in your family have lice? Never fearl

The best method for getting rid of lice is combing. You must be sure to have a proper comb fine-toothed, metal, with long teeth is best The COMB is KEY!

#### FOLLOW THESE STEPS

- Comb through hair with a regular comb or brush, to remove any tangles.
- 2 Cover the dry hair with conditioner from roots to tips.
- 3 Separate hair into small sections, then comb from root to tip with the metal, fine-toothed lice comb. Deposit any lice or eggs that are dislodged into a bowl of hot, soapy water.
- 4 Comb each section of hair twice.
- 5 Repeat these steps every 2-3 days, until you haven't found any lice or eggs for 10 days.

#### TIPS

- Comb under a bright light if you can it's easier to spot the little creatures!
- Head lice shampoos and lotions are available from your chemist, but you must follow the instructions carefully. Some lice have become resistent to these chemicals due to overuse.
- NEVER use harsh chemicals, such as fly spray, flea spray, or kerosene, on your child's head. It's unnecessary and can cause serious harm!



## The Saint Mark's Annual School Raffle

Traditionally we have held our school raffle in term 4 around the School Fair. We realise that term 4 is very hectic and the demands on our families' time and finances are far greater at that time of the year than any other. We have decided to move our School raffle forward to term 2 with the draw taking place early in term 3 to help ease the load on our families' around fair time. The Parents' Association are now seeking PRIZES for our Annual School Raffle. If you are able to donate a prize or the company you work for; please contact Gary Miller on 0275-918-777 or email fair@saintmarks.school.nz

ALL PROCEEDS FROM THE ANNUAL SCHOOL RAFFLE GO TOWARDS OUR SCHOOL GOAL TO HELP PROVIDE FUNDS TO REVAMP OUR CHILDRENS' PLAYGROUNDS.