



St Mark's School Newsletter

Term 3 Week 9
18 September 2019

Dear St Mark's whanau,

This term has flown - but so much to celebrate, and so much yet to come. I love engaging with our parents/whānau who have been so visible this term helping particularly in the areas of sport and production. We are so grateful and you are so appreciated. Thank you **Mrs Okey and Mrs Penman, and Mrs Wright-Stow and her team of choreographers!**

AIMS Games

It was such a successful week in Tauranga. Taking teams who were successful at the local level to a national competition was a challenge. The football team came up against some very tough competition but acquitted themselves with aplomb and outstanding sportsmanship.

The hockey team also faced tough opposition and played their way into the play-offs for 3rd and 4th. They WON!! And a bronze medal for each of them.

Mrs Bigelow danced! Thank you Mrs B.

As a school we can be so proud of all of them and offer our grateful thanks to those parents who supported us up there! **Mr Tabak, Mr Clements and Mr Lallu.**

Kapahaka

On Friday our team travelled to the Tūhono Festival at Cowles Stadium. Reports filtering to me talk of incredible performances and singing. Unbeknown to me, we learned on Tuesday that the team finished 3rd!!!! Ka pai everyone - another outstanding display of God given gifts and talents in competition with other schools.

As a school we can be so proud of all of them and offer our grateful thanks to those parents who joined the team, teachers who supported them and **Matua Steve** our wonderful coach!

Compliments, complaints and concerns.

Just a reminder that you can offer any of these things to your teachers at any time. We work hard for every child and accept we don't always get things right. Let us know. There is a track to talk to your teacher and team leader first, but all staff are open to hearing how we might improve our partnership with you.

The newsletter next week will be the last for the term and contain a celebration of our performing arts program. The two productions are in final preparations and promise to be memorable. What a blessing **Mr Gordon**, all the teachers, and the parents who are working toward the performances.

Blessings everyone
Averil



Transforming lives through the St Mark's Story

Upcoming Events

24 Sep	School Production Matinee - 1.30pm School Production - 7pm
25 Sep	School Production Matinee - 1.30pm School Production - 7 pm
20 Oct	Waka Hourua Church Service
21 Oct	Yr 8 Art Gallery trip
23 Oct	Waka Hourua Science Road Show
24 Oct	School Photographs
28 Oct	Labour Day
29 Oct	Teacher Only Day
31 Oct	Athletics Day

2020 Term Dates

Term 1 - 27 and 28 January Parent/Teacher/Child conferences. Wednesday 29 first full day of term.

Term 1 - Monday 27 January - Thursday 9 April

Term 2 - Tuesday 28 April - Friday 3rd July.

Teacher only day - Tuesday 2 June

Term 3 - Monday 20 July - Friday 25 September

Term 4 - Monday 12 October - Friday 11 December

Teacher only day - Tuesday 27 October

Church Certificates

Raupo	Archer W
Inaka	Maddox A
Kererū	Leo G
Ti Kouka	Cristian D
Kāmana	Abigail W
Toetoe	Charlie P
Kawau	Nikhil J
Mako	Andrew G
Rimurimu	Alex N

Prize giving Cups

Children, who were awarded Cups and Trophies at the 2018 Prize Giving ceremony, are asked to return these to the school office by Thursday 31 October. It would be greatly appreciated if these can be polished before returning.

Student Success

Sophie was recently voted MVP for the 2019 hockey season by her teammates and parents of her Southern United kwik sticks team. She received a trophy at the clubs kwik sticks prize giving.

Term 4

A reminder for families that Term 4 sees the reactivation of our sun smart procedures. Students need a school wide brimmed hat for school trips, break and lunch out in the playground.

We have several students with severe nut allergies. To eliminate this serious health risk we ask that parents choose not to include nut products in student lunch boxes.

Production Cafe

Refreshments and sweet nibbles will be available on both nights from 5.30pm and between shows

AQUAGYM

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"Where Champions Grow"

459 Cashel Street
381 0299
info@aquagym.co.nz

Hi wonderful Joseph whanau,

The dress rehearsal rapidly approaches. I am very excited! We have a large audience coming to watch and support us from the local community.

Can I please ask that all Year 4,6, 7 and 8 students bring black shorts and either a white singlet or white t-shirt. This includes main roles unless you have been told otherwise.

Year 5 students need to bring a black shirt and black shorts.

Dancers (In Potiphar's scene and Go, Go, Go) need to bring a black leotard, or a strap singlet.

If these can be brought to school in a bag with the child's name on them. These will be kept at school for the next two weeks.

If you have any questions, please let me know.

Kind regards,
Technicolour Tom Gordon





An Update from the Board of Trustees Review Committee



2019 Term 3 – Policy Reviews:

As part of St Marks' Policy three-year review cycle, there are no Policy areas requiring feedback from school parents this term.

The two areas that will have input from Board members and staff this term are:

- Performance Management
- Health, Safety and Welfare.

2019 Term 3 - Assurance:

In addition to reviewing policy, it's also the role of the Board to gain **ASSURANCE** that the operational policy and procedures are being operationalised in the school.

This term we will undertake assurance on a variety of areas including:

<u>Employer Responsibility</u>	<u>Health, Safety and Welfare</u>	<u>Legislation and administration</u>
- Appraisal of the Principal	- Physical Restraint - Risk Management - Safety Management System - Surrender & Retention of Property and Searches	- International Students

Do You Have an Ongoing Earthquake Insurance Claim?

Complete a 20 minute survey and be in to win 1 of 8 \$50 Westfield vouchers

My name is Jenny and I am a PhD student researching the effects of ongoing insurance claims on people's wellbeing at the University of Canterbury. If you wish to take part you will be sent a 20-25 minute online survey. It contains questions about your thoughts about your insurance claim and the earthquake, along with questions about your mood. The results of this survey will be anonymous.

If one of these scenarios applies to you, I invite you to participate in my research.

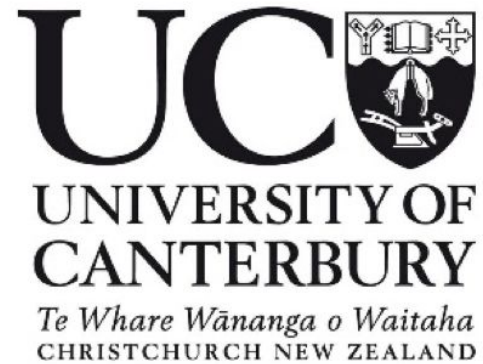
- Current ongoing insurance claim on your home from the 2011 February earthquake.
- Insurance claim on your home, that was settled after the 1st of May.
- No ongoing insurance claim as a result of the earthquake, since 2015



Contact us

If you are interested you can email me at jenny.brown@pg.canterbury.ac.nz. I will then send you a link to the questionnaire. Once completed you can provide your email to enter the draw for a \$50 Westfield Voucher.

College of Science
Department of Psychology
Tel: +64 3 364 2902, Fax: +64 3 364 2181
Email: office@psychology.ac.nz www.psyc.canterbury.ac.nz
Participant Information sheet



Title: The impact on mental health from ongoing insurance claims on homes, following the 2011 Canterbury earthquake

Principle researcher: Jenny Brown (PhD student university of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, jenny.brown@pg.canterbury.ac.nz

We are researchers at the University of Canterbury studying psychological well-being after the February 2011 earthquakes. Please read the information below which outlines what is involved in this survey. If you would like to take part, which will take approximately 20-25 minutes, please indicate you agree to participate on the consent form found on the next page.

What is the purpose of the Study?

We are trying to understand the impact of ongoing insurance claims on mental health following February 22nd 2011 earthquake, especially after a period of time has passed. Data from this study will help understand people's response to the earthquake and to long unresolved claims on their homes.

Do I have to take part?

No, you do not have to take part in this study. It is up to you to decide whether or not to take part. If you decide to continue, you will be asked some questions about how you have felt since the 2011 earthquake and how you have adjusted in terms of your psychological well-being. You do not have to complete the survey. You are free to withdraw at any point during the survey. You are also free to decline to answer any question without giving reasons. Participation is voluntary and you have the right to withdraw at any stage without penalty. Withdrawal can be effected by closing the browser containing the survey. If you chooses to do this your responses will be deleted.

What will happen to me if I take part?

Should you decide to take part you will be asked a brief set of questions about how things have been going for you since the 2011 earthquakes. Once completed you can choose to enter your email, and go into the draw for one of eight \$50 Westfield vouchers.

What do I have to do?

You just simply have to respond to the questions. If there is any question you'd rather not answer, that's fine, you can skip those ones.

What are the possible disadvantages of taking part?

When you respond to the questions about how the earthquakes and insurance claims have affected you, this may bring back events you have found distressing. A list of support and counselling services is attached in case you feel you may need them.

Will my taking part in the study be kept completely anonymous?

Yes. You will not be required to put your name or any identifying details on any materials. Your answers will be completely anonymous. The results may be used in a scientific paper, presented at a conference, and added to the CEISMIC Canterbury Earthquake Digital Archive, but anonymity of participants will be preserved. The data will be securely stored at the University of Canterbury. Only the researchers named below will have access to the data. The data will be kept for 10 years at the end of this period will be destroyed by erasing any data stored in computers.

Names of researchers

Jenny Brown (PhD student university of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, jenny.brown@pg.canterbury.ac.nz

Eileen Britt, PhD (Associate Professor; University of Canterbury on (03) 369 3694 or eileen.britt@canterbury.ac.nz

Martin Dorahy (Prof, University of Canterbury) Department of Psychology, University of Canterbury, Private Bag 4800, Christchurch. Phone: (03) 369 4337 ; martin.dorahy@canterbury.ac.nz.

This project has been reviewed and approved by the University of Canterbury Human Ethics Committee, and participants should address any complaints to The Chair, Human Ethics Committee, University of Canterbury, Private Bag 4800, Christchurch (human-ethics@canterbury.ac.nz).

Support services

Samaritans: 0800 726 666

Lifeline: 0800 543 354; (03) 366 6743

Counselling services

Below is a list of counseling services. The Christchurch City Council has also suggested that people make contact with their GPs, who can refer them to counselling services.

Petersgate Counselling Service, Yaldhurst Rd, Upper Riccarton: (03) 343 3391.

Rata Counselling Service, 198 Montreal Street, Christchurch: (03) 343 3840

Emergency services

Crisis Resolution (previously Psychiatric Emergency Services): (03) 364 0482; 0800 920 092

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